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Caregiving professionals are confronted with the effects of loss and the emotional response to it - on a daily basis.

Often the emotional response to loss is grief; a normal response to the end or change in a relationship. Many have bereavement or grief care training for loss in the case of a death or refer to a bereavement support groups, but often we are ill prepared to deal with the emotional response to a death or any of the other 60 life events that have the potential to create significant emotional losses, and conflicting emotions caused by the loss.

Caregiving professionals need to ask themselves:

- Am I equipped to deal with, loss of health issues, aging, job loss, loss of trust and or safety, the emotional response to trauma or abuse to name just a few and are my current methods affective with the population I serve?
- Does my current method deal with the emotional responses as they are significant to the individual or does it just identify a stage that just needs more time?
- Most importantly are you as a professional comfortable and effective with the emotional responses clients have to their losses and do you have a clearly defined process to provide resolution to the pain caused by loss?

Choose the Edu-Therapy™ Process

Edu-Therapy™ can be used in group and individual sessions and is used in many different environments as well as inpatient and outpatient programs. Edu-Therapy™ has been well received within First Nations, Inuit and Metis communities across Canada as it can easily be incorporated into existing treatments and programs and given that it deals with the conflicting emotions caused by loss as it is significant to the individual it doesn't conflict with traditional ways.

Edu-Therapy works most effectively with clients working through issues that center around anger/resentment and guilt and shame. Grieving clients report that Edu-Therapy was helpful in gaining perspective and integrating healthy meaning for their loss.

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PREAPPROVED FOR 30 HOURS CEU WITH CCPA

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TORONTO, ON DECEMBER 02-05, 2016

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Edu-Therapy™ Solutions

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