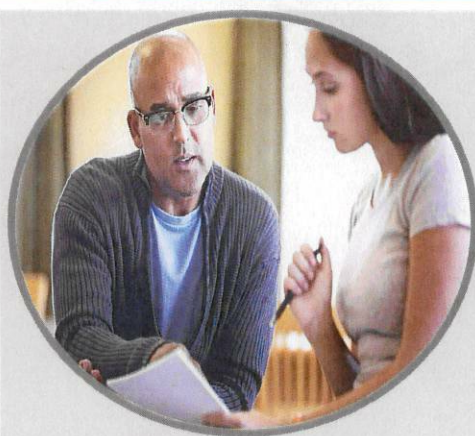




### Academic Strategy

Providing various tools and strategies to improve learning, find balance, organization, and time management.

Offered in Saskatoon and Regina



### ADHD Coaching

Receive one-on-one support and encouragement. Develop and implement strategies for success.

Offered in all locations



### Employability

Identify a career path and how to get there. Construct a resume and cover letter that matches your employment goals.

Offered in Saskatoon and PA



### Adult 12 Program

Opportunity to complete a high school education in a shorter period of time. Complete additional prerequisites for post-secondary schooling.

Offered in Saskatoon

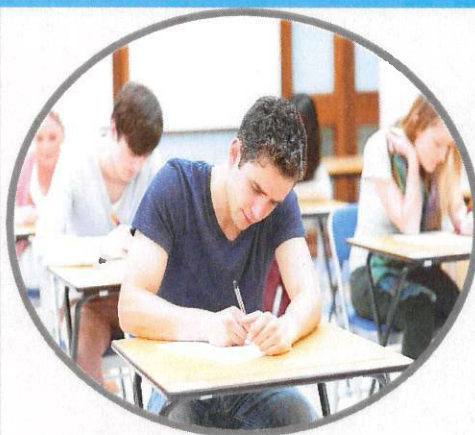
## ON THE ROAD TO SUCCESS!



### Neurofeedback

Addresses multiple issues of brain dysregulation, including; depression, anxiety, attention deficits, sleep disorders, and headache/migraine.

Offered In Saskatoon and Regina



### GED Program

Preparation for writing GED exams. Small class sizes ensure adequate instruction. Class hours are full-time on weekdays.

Offered in all locations



### Behaviour Therapy

Individual sessions to work together on anxiety, anger management, alternatives to aggression, self-regulations, self-control, specific behavioural goals, and self-esteem.

Offered in Saskatoon



### Assessment

A Psychoeducational Assessment of intellectual, academic, behavioural, and/or adaptive skills. Identification of strengths and areas of need.

Offered in all locations



### Arrowsmith Program

Strengthen working memory, processing speed, and cognitive efficiency. Train visual and auditory memory as well as attention and concentration.

Offered in Saskatoon



### Tutoring

Subject-based tutoring is available for all ages. Qualified educators will work one-on-one with students to enhance success.

Offered in all locations



### LEGO © Club

We engage children and youth in age-appropriate social and community interaction. Participants build on success and address deficits.

Offered in Saskatoon and PA



### Donations

The Learning Disabilities Association of Saskatchewan (LDAS) is a non-profit organization. We accept all forms of In-Kind Donations. Our offices are in Saskatoon, Prince Albert, and Regina.

We promote education, employment, wellness, and human rights with Learning Disabilities and ADHD.

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Learning Disabilities Association of Saskatchewan

The right to learn, the power to achieve

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