

AIR – October 3, 2023

Welcome to a short week. We pray the time off for National Truth & Reconciliation Day was a time of learning for your family, as we keep efforts to journey toward Reconciliation with Indigenous people in our communities close to our hearts.



#### ACTION

Register Now – [MHCB Presentation on Tips & Tricks to Support your Dysregulated Child Tues. Oct. 18 6:30PM](#)



#### INFORMATION

[How to get Edsby notifications on your phone](#)



#### REFLECTION

[Board of Trustees October Update](#)

[Thanksgiving Prayer](#)