

# ADHD

Channeling Your Strengths

Please join us for an online presentation about ADHD. Learn the symptoms, strengths and challenges, effects of medication and treatments. Parents will also gain strategies they can apply in the home.

November 30, 2021  
6:30–7:30 p.m.

Presentation link: [Zoom Link](#)

Fill out the survey at the end session to be entered to win a fabulous gift basket.



Regina  
Catholic Schools  
[www.rcsd.ca](http://www.rcsd.ca)

