

École St. Angela Merici - Polar Bear Club 2017-2018

October 10, 2017

Polar Bear Club Returns!

When the weather dips below -27C with the wind chill, students are not sent outside for recess. During those indoor recess days, we are proud to offer again this year the opportunity for students to choose to go outside for recess and play as part of our Polar Bear Club.

Rationale: Regular opportunities for play and physical activity, especially outdoors, improve our mood, attention, and fitness. Outdoor recess in cold weather provides an opportunity for students to be vigorously active, escape germs, and embrace the cold Saskatchewan reality.

Participation: The option to go outside will only be offered to those students who have returned a permission form signed by a parent or guardian and who are dressed appropriately for the weather. Students who choose to go outside will stay outside for the duration of the recess. Students with a permission form may still choose to stay inside during indoor recess. If there is a weather advisory statement or alert, or if wind gusts exceed 30 km per hour, the Polar Bear Club will not be offered.

Supervision: Staff members will supervise the Polar Bear Club. The number of students interested in going outside will determine how often the program will be offered.

If your child is interested in having the option to participate in the Polar Bear Club, please complete and sign the permission form below and return it to school no later than Friday, October 14. Only one form is required per family (include the names of all children in the family participating on the form).

Polar Bear Club Permission Form 2017-2018

I grant permission for my child/children to have the option to choose to go outside for recess when the temperature is colder than -27C provided they are dressed appropriately, the weather allows for safe play (no weather advisories or wind gusts exceeding 30km per hour), and a staff member is outside on supervision.

Child Information (Please print)

First name	Last name	Classroom Teacher

Parent/Guardian signature: _____ Date: _____