



## École St. Mary Polar Bear Club

École St. Mary follows the Regina Catholic Schools guidelines for determining if students should go outside for recess in colder weather. We would like to start a club for those students who would like to play outside on these colder days that require students to remain indoors. This club is meant for students who are properly dressed in a warm winter coat, ski/snow pants, hat, mitts and winter boots who would enjoy and benefit from some fresh air and outdoor activity. The recess will be shortened to less than 10 minutes outside. **The students will always be supervised by a teacher or administrator.**

In order for your child to be a member of the École St. Mary Polar Bear Club, please sign the consent form below and return it to school with your child.

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I consent to allow \_\_\_\_\_ (student's name) from \_\_\_\_\_ (Teacher's name) to participate in the École St. Mary Polar Bear Club for the current school year. I will ensure that my child is properly dressed to participate.

\_\_\_\_\_ Parent/Guardian

\_\_\_\_\_ Date