

TRACK PRACTICES 2019

DAY ONE	DAY TWO	DAY THREE	DAY FOUR	DAY FIVE
10:40 RECESS: MIDGET SPRINTS MS. KNOBEL 10:40 RECESS: HIGH JUMP MRS. MARKOWICZ	10:40 RECESS: JUNIOUR SPRINTS MS. KNOBEL 10:40 RECESS HIGH JUMP MRS. MARKOWICZ	10:40 RECESS HIGH JUMP MRS. MARKOWICZ	10:40 RECESS: SENIOUR SPRINTS MS. KNOBEL 10:40 RECESS HIGH JUMP MRS. MARKOWICZ	10:40 RECESS: LONG JUMP MRS.KALYNCHUK
2:10 RECESS SHOT PUT (MRS. DI IORIO) 2:10 TRIPLE JUMP MS. BOHAY	2:10 RECESS SHOT PUT (MRS. DI IORIO)	2:10 TRIPLE JUMP MS. BOHAY	2:10 RECESS SHOT PUT (MRS. DI IORIO)	2:10 RECESS LONG JUMP MRS.KALYNCHUK

TUESDAY AND THURSDAY MORNINGS
 8:20 – LONG DISTANCES WITH MRS. MERK